

HKMJ December 2024 CME/CPD for Fellows and non-Fellows

The *Hong Kong Medical Journal* has introduced CME/CPD for Fellows of the Hong Kong Academy of Medicine (HKAM), and registrants of the MCHK CME Programme under the HKAM or the Hong Kong Medical Association can also participate. It is based on published articles in the Journal, and the Editorial Board aims at selecting topics of more general interest to a wide range of specialties. For HKAM Fellows, decision of whether any of the selected article(s) is/are appropriate for CME/CPD exercise rests with the CME/CPD committee of their representative Colleges. Answer sheets sent by Fellows of College(s) that do not assign CME/CPD points will not be processed.

The amount of CME/CPD points awarded (for specialist CME/CPD) to each of the articles by the specific Colleges is indicated at the bottom of this page. Fellows of the specific Colleges can either participate by returning the answer sheet to the quizzes by mail/fax to the Academy or doing the quizzes online at eHKAM LMS (<https://lms.hkam.org.hk>). If Fellows choose to do a quiz online, their answer sheet for the same quiz sent to the Academy by mail/fax will not be processed.

For the MCHK CME Programme, one CME point has been accredited per article by the Academy. Registrants of the MCHK CME Programme must mail or fax the completed answer sheet to their respective Administrator. **Registrants of the Academy must return the answer sheet to the Academy, similarly registrants of the Medical Association must return it to the Association.** The Academy and the Association, who are both appointed as Administrators for the MCHK Programme, will not be responsible for re-directing answer sheets sent to the wrong Administrator by mistake to each other.

Instructions:

1. Fill in the personal particulars in the answer sheet.
2. Shade the correct answer square for each question.
3. Mail or fax the Answer Sheet to the Academy or the Medical Association by **31 January 2025**.

Category	Answer sheet to be mailed/faxed to:
Academy Fellows; <i>OR</i> Registrants for the MCHK CME Programme <u>under the Academy</u>	Ref: CMECPD Hong Kong Academy of Medicine, 10/F, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong; fax: (852) 2505 5577
Registrants for the MCHK/HKMA CME Programme <u>under the Medical Association</u>	The Hong Kong Medical Association Duke of Windsor Social Service Bldg., 5/F, 15 Hennessy Road, Hong Kong; fax: (852) 2865 0943

College CME/CPD Points (as of 13 December 2024):

College	CME points I	Passing Mark I	CME points II	Passing Mark II
Hong Kong College of Anaesthesiologists	1 (Non-Ana)	50%	1 (Non-Ana)	50%
Hong Kong College of Community Medicine	0.5 (Self Study)	50%	0.5 (Self Study)	50%
College of Dental Surgeons of Hong Kong	1 (Self Study)	50%	1 (Self Study)	50%
Hong Kong College of Emergency Medicine	1 (Self Study)	50%	1 (Self Study)	50%
Hong Kong College of Family Physicians	1 (Cat.5.01)	50%	1 (Cat.5.01)	50%
Hong Kong College of Obstetricians and Gynaecologists	Pending		Pending	
College of Ophthalmologists of Hong Kong	1 (Self Study)	50%	1 (Self Study)	50%
Hong Kong College of Orthopaedic Surgeons	Pending		Pending	
Hong Kong College of Otorhinolaryngologists	1 (Cat.1.2)	50%	1 (Cat.1.2)	50%
Hong Kong College of Paediatricians	1 (Active Cat.E)	50%	1 (Active Cat.D)	50%
Hong Kong College of Pathologists	1 (Self Study)	60%	1 (Self Study)	60%
Hong Kong College of Physicians	1 (Active)	0%	0.5 (Active)	0%
Hong Kong College of Psychiatrists	1 (Self Study)	80%	1 (Self Study)	80%
Hong Kong College of Radiologists	1 (Self Study B)	50%	1 (Self Study A)	50%
College of Surgeons of Hong Kong	1 (Self Study)	0%	1 (Self Study)	0%

CME Points for MCHK CME Programme: 1 CME point per article

Answer Sheet – Hong Kong Medical Journal December 2024 Issue

Name: _____

Hong Kong Academy of Medicine <i>For Academy Fellows:</i> College: _____ Fellowship No.: _____ <i>For MCHK CME Registrants:</i> MCHK Reg. No.: _____	Hong Kong Medical Association HKMA Membership or CME No.: _____ HKID No.: ____ - ____ - ____ X X (X) Contact Telephone No.: _____ Signature: _____
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I. Management of chronic kidney disease: a Hong Kong consensus recommendation	<i>True</i>	<i>False</i>
A. Which of the following is/are measurement(s) that serve(s) as a reference for patients with risk factors such as diabetes and/or hypertension when undergoing regular screening? 1. Estimated glomerular filtration rate and albuminuria 2. Creatinine clearance 3. Spot urine protein-to-creatinine ratio 4. 24-hour urine protein 5. Serum creatinine and urine dipstick for albumin	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
B. Are the following statement(s) concerning treatment for chronic kidney disease true or false? 1. Patients with chronic kidney disease and an estimated glomerular filtration rate >20 mL/min/1.73 m ² should be considered for initiation of a sodium-glucose cotransporter-2 inhibitor. 2. Patients with chronic kidney disease and an estimated glomerular filtration rate <20 mL/min/1.73 m ² should be considered for initiation of a sodium-glucose cotransporter-2 inhibitor. 3. Patients with chronic kidney disease who are already receiving a sodium-glucose cotransporter-2 inhibitor can continue with the treatment until initiation of kidney replacement therapy. 4. Patients with diabetes and chronic kidney disease and an estimated glomerular filtration rate >25 mL/min/1.73 m ² should be considered for initiation of a nonsteroidal mineralocorticoid receptor antagonist. 5. Patients with diabetes and chronic kidney disease and an estimated glomerular filtration rate >25 mL/min/1.73 m ² should not be on a sodium-glucose cotransporter-2 inhibitor and nonsteroidal mineralocorticoid receptor antagonist simultaneously.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
II. 2024 Hong Kong College of Obstetricians and Gynaecologists Guidelines for cervical cancer prevention and screening	<i>True</i>	<i>False</i>
A. Are the following statement(s) regarding human papillomavirus (HPV) vaccination true or false? 1. All HPV vaccines contain virus-like particles for protection against high-risk HPV types 16 and 18. 2. The nonavalent HPV vaccine contains virus-like particles for protection against low-risk HPV types 6 and 11. 3. After HPV vaccination, cervical cancer screening is unnecessary because current vaccines offer full protection. 4. The nonavalent HPV vaccine offers protection against seven high-risk HPV types which cause approximately 70% of cervical squamous cell carcinomas. 5. Current HPV vaccines are effective in viral clearance in women with preexisting HPV infection.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
B. Are the following statement(s) concerning cervical cancer screening true or false? 1. A negative HPV test result would exclude cervical pathology. 2. Among women aged 25 to 29 years who previously underwent HPV vaccination, primary HPV screening can be considered. 3. Immediate colposcopy referral is recommended for HPV-positive women without further triage tests. 4. Women with HPV16/18-positive should be referred for colposcopy, regardless of cytology results. 5. Reflex cytology is recommended for all women with positive stand-alone HPV test results to guide colposcopy referral and subsequent management.	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>